



The Awakening Series for Women

An Invitation to Realize the Foundation of Your Being



Within every person lies wisdom, strength, and peace. In the normal course of life, one can be discouraged from relying on, or even acknowledging, these intrinsic gifts. The ***Awakening Series for Women*** offers an opportunity for a woman to remember her innate wisdom, engage her strength, and feel peace from within.

The ***Awakening Series*** is a process of deepening awareness to help you tap into these vital resources. Our work with horses teaches you to deepen self-awareness, and through this, live more fully in the present moment.

Joining with a horse touches your heart. A horse's gentle and curious nature guides you throughout the process. There is no riding or horse experience necessary; you are carefully guided to interact with the horses from the ground. In the ***Awakening Series***, you will learn to truly connect with a horse, and by doing so, discover a knowing that has always been within.

In ***Awakening*** you will:

- ▶ Access your innate gifts
- ▶ Release emotional blocks to living a more fulfilling life
- ▶ Experience the peace of a true connection



Schedule: Jan. 7 — Feb. 11, 2012

6 consecutive Saturdays

Time: 11:00 am — 3:00 pm

Fee: \$300 (non-refundable)

Due by December 14th, 2011

For more information:

Call: 828-682-9157

Visit our website: www.equinection.org

E-mail: info@equinection.org

Karen Head, M.Ed. founder of Equinection, partners with horses to teach people to deepen self-awareness. She is a lifelong horsewoman with a rich life experience and comprehensive credentials in Equine Facilitated Learning. The programs at Equinection are rooted in Karen's dedication to helping people realize their fullest expression of life.

